

Std 4

Lesson .5 Forgive and forget

I. Question and answers.

1. What is hatred?

Ans. Hatred is dislikes.

2 . According to St .John who is a murderer?

Ans. St John tells us that hating a person is equal to killing or murdering a person.

3. Why should we forgive others?

Ans. We should forgive others because when we forgive and forget we are happy again.

4. Who teaches us to call God our Father?

Ans. Jesus teaches us to call God our Father.

5. Why did Jesus teach us to call God our Father?

Ans. Jesus teaches us to call God our Father because we are children of God.

Lesson. 6- Fasting and Abstinences

Question

1. Whom did God send to Nineveh?

Ans. God send Jonah to Nineveh.

2. Name two days in which we fast?

Ans. On Ash Wednesday and Good Friday

3. Give some examples of people who fasted in the Bible?

Ans. Moses, David, Job, Paul.

4. How many days did Jesus fast?

Ans. Jesus fasted for forty days.

5. What is abstinence?

Ans. Abstinence means giving up something for some time.

6. How does fasting and abstinence help us?

Ans. Fasting and abstinence helps us obtain forgiveness.

Lesson 7. Spiritual Life.

I. Question and answers.

Q.1. when did we become God's children?

Ans. We became God's children when we receive Sacrament of Baptism.

Q.2 what is spiritual life?

Ans. Spiritual life is the life we share with God.

Q3.What is Eucharistic fast?

Ans. Eucharist is by not eating one hour before the Holy Mass. This is call Eucharistic fast.

Q4. What happens to our soul when we confess?

Ans. When we confess our sins, our souls become clean once again.